

# Safety advisories



- Read the User Instructions before first-time use in order to avoid damages through improper use or other hazards.
- Be sure the maximum allowable weight for the crutch is not exceeded!
- Before each use, carefully check the crutch for damage. If damage is detected, then do not use the crutch. Contact your authorised dealer for a complete inspection!
- When using the handle, firmly grab it with your complete hand.
- For your safety, have someone accompany you so that they can provide support and help prevent you from falling down.
- Check the crutch end-tip on a regular basis for wear or damage. Replace if damaged or worn.
- Hold the crutches as vertically as possible on the surface.
  Do not hold the crutch too far out to the side, away from your body, or too far in front of you in the direction of travel.
- Under no circumstances may the crutch be used for foreign purposes. Use it only to assist your walking and not for example as an aid for getting up, as a lever for moving objects.
- No mechanical alterations may be made to the crutch without written permission (product liability!).
- Do not hang any objects on the crutch (handbags, shopping bags, etc.).
- Do not expose crutches to direct sunlight for long time periods (in front of windows, or next to heaters, or under the rear window of a car). Heat can lead to an alteration of the material properties and shorten the crutches' lifetime.
- If unused for an extended time period, have the crutch inspected by a specialist before re-using.
- Never use the crutch on snow or icy surfaces without first attaching the ice claws.
- Be very careful when walking on moist tiles, carpeting or parquet floors – danger of slipping!
- Never clean the grip handle or the crutch end-cap with an oily substance - danger of slipping!
- Be careful when walking on uneven surfaces and if there are holes in the ground because the crutch may slip away or sink unexpectedly!
- Be careful when using the crutch on loose gravel surfaces, sand or leaves because there is far less stability!

## **Technical specifications**

(We reserve the right to make technical modifications without notice!)

Art No.	Max. handle height	Arm-cuff height (2 pos.)	Support angle α	End tip size	Max. Body weight
108.50	81-95 cm	22-25 cm	23 Grad	22mm	130 ka

#### Spare parts

Art. No.	Name	Colour
200.50.20	Crutch end-tip 22	blue

#### Accessories

Art. No.	Description	Colour
168.10.22	Anti-slip buffer "Big-Foot"	black
160.10	Handle upholstery – "Standard"	anthracite
161.10	Forearm upholstery	anthracite
167.00	Crutch strap, elastic (easy to install, length adjustable)	16-anthracite 30-fire red 50-gentian blue
255.00.00	bag for crutch	

#### Re-Use

Product liability applies only to the first use of the product described in this User Instructions. If the product is to be given further again after the first use, then it must be checked over by an authorised dealer or by the manufacturer.

This inspection should prevent an improper use through possible or directly visible damages. We defer to the conditions of the German Medical Products Act (MPG) and the German MPBetreibV (Medical Products Use Regulation). Be sure to check your national and local regulations.

#### Lifetime

The expected lifetime of the product described in these User Instructions, when properly used according to the instructions for use, safety regulations and maintenance requirements, and when properly cared is 1 year.

Beyond this time period, the product may be used further only when it is in a proper and safe condition. Maintenance should be done at least every 6 months. Heavy use and harsh conditions by the patient on the crutch may necessitate even more frequent maintenance.



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# **User Instructions**

# Crutch TRAVEL

Art. No.: 108.50



# Travel in a bag Content: 1 pair



#### Intended proper use

The crutch is designed for persons with impaired walking ability. It serves to provide more security when walking. This crutch can be used inside and outside. The crutch may be pushed together (telescoping) to make it more compact for easier transport. The clamping screws reduce noise when walking with the crutches. They can also be disassembled (longest part is 44 cm). A bag is offered for transporting the crutches when travelling.

Always be sure to observe all the safety advisories and the maximum allowable body weight when using the crutch!

Have yourself advised by a qualified specialist or careprovider on how to properly use the crutch and for its proper adjustment for optimum function!

#### Assembly and first-time use

# Step 1

Remove the arm cuff and the grip handle from the bag.

#### Step 2

Put the arm cuff on the handle part, press in the spring pins (A). Push in the arm cuff up to the first stop (highest position) into the handle part. Allow the spring pins to click in.

#### Step 3

Next remove the adjusting part from the container. Remove the adjustment clip (B handle part) and place the handle part in the adjusting part. Push together the adjusting part up to the cover of the first hole of the adjusting part and the hole of the handle part. Insert again the adjustment clip (B) into the handle part.

#### Step 4

Remove the adjustment clip (B foot part) and put the foot part over adjusting part. Push together the foot part up to the cover of the first hole of the adjusting piece. Insert again the adjustment clip (B).

#### Step 5

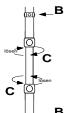
As the last step push both screw clamps up to the start of the tube threads and screw them until they are tight to the tube. The crutch is now at its longest setting.

#### Step 6

Assemble the second crutch as previously described.

#### **Grip Handle height adjustment (8 positions)**

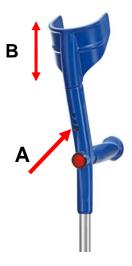
Height adjustment is done by telescoping aluminium tubes with adjusting clips.



- Loosen clamping screws (C) by turning left.
- Pull off adjusting clip (B).
- Push aluminium tube to the desired position (hole).
- Allow adjusting clip (B) to click into position.
- Firmly tighten clamping screw (C) by turning to the right (by tightening, noise is prevented from occurring during use).

## Adjust the Arm Cuff (adjustable to 3 positions)

- Press in the spring pin (A) inside the hole.
- Move the arm cuff (B) to the desired position.
- Allow the spring pin to click back through the hole.



#### Care

To care for the crutches, use a mild commercially available cleanser and disinfection agent. After cleaning, wipe them with clean water and then wipe dry with a cloth.

Do not use an abrasive scouring agent or cleaner (read the product instructions!) that contain aggressive solvents (acids, benzene, thinners, alcohol). Do not use stiff cleaning brushes, as these will damage the plastic surfaces or cause deposits to build up on the plastic parts and other materials.

# When using a disinfectant, be sure to abide by the manufacturer's instructions during use!!

#### Maintenance

A worn or damaged crutch end-cap (wear-part) must be replaced immediately. Pull off the crutch end-cap from the end of the tube. Push on a new end-cap until it hits the end of the tube. Be sure the right size and design are used, see table.



Bent or damaged crutches may not be used because they no longer provide the necessary stability. Because of the risk of breakage, bent crutches may not be repaired by straightening. In the event a crutch is damaged, then have it repaired by an authorised sales and service dealer

# Use only original REBOTEC spare parts.

Have your crutch inspected by a qualified specialist at least every 6 months.

# Disposal

Products that are no longer useable must be properly disposed of according to national and local regulations for environmental protection and material recycling. They must be kept separated from regular household refuse. Contact your local disposal company or environmental authorities.

## Warranty

We provide a warranty period of **2 years** for the crutches described herein. Wear and damage resulting from product misuse are excluded. Also wear parts are excluded.

# Advisory!

You can see this User Instructions pamphlet and the flyer "Information for Patients" (No.: 02.01.067) at our website at <a href="www.rebotec.de">www.rebotec.de</a>. It is possible to print out the information and to read it as needed.

