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REBOTEC

REBOTEC® Rehabilitationsmittel GmbH

PO Box Q541
Queen Victoria Building
NSW 1230

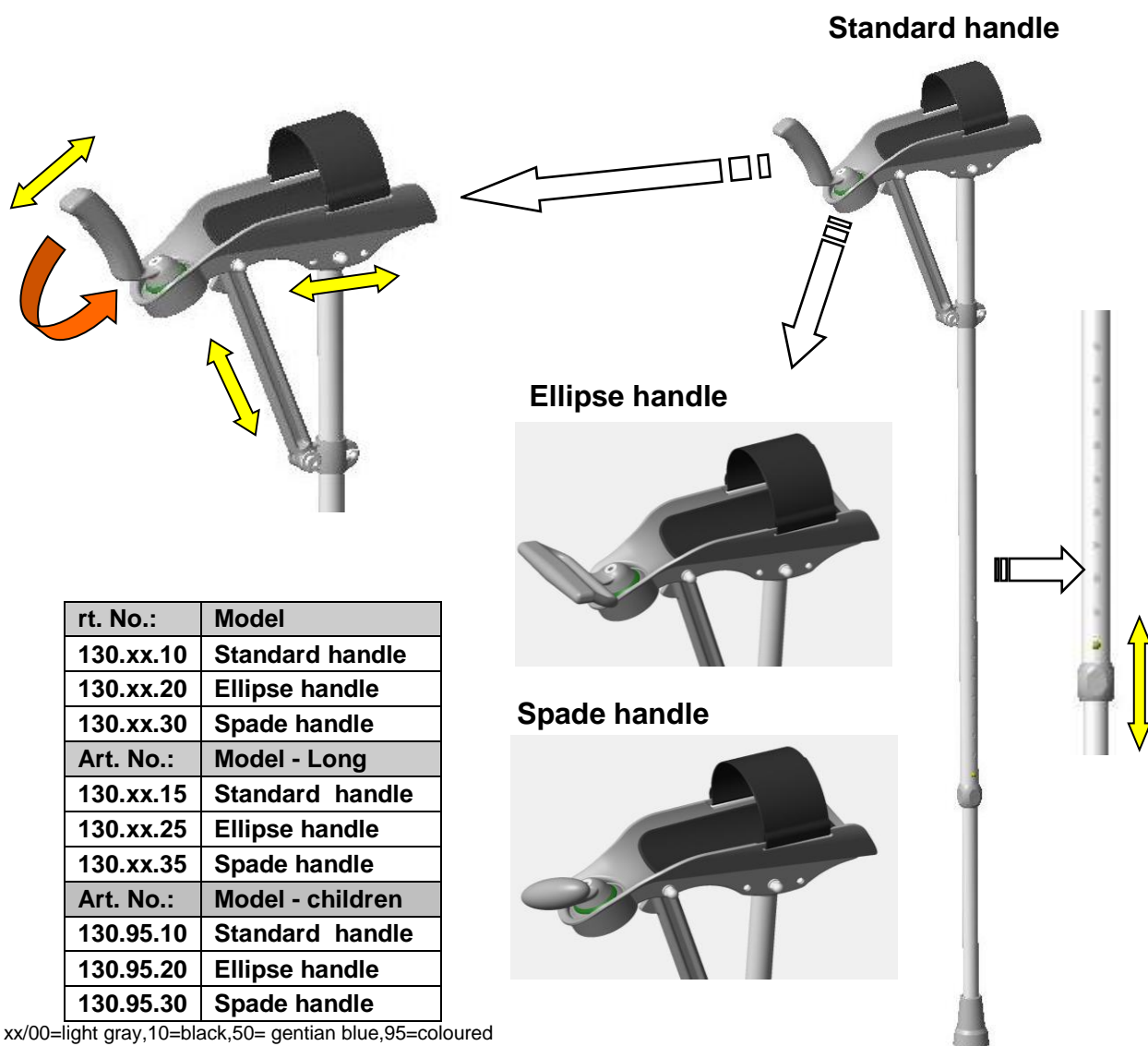
rebotec.com.au
info@rebotec.com.au



User Instructions

Arthritis Crutch - YANO

Max. Body Weight 150 kg



Important advisories!

- Read the User Instructions before first-time use and always keep them available for the user.
- Always abide by all the advisories and especially the safety instructions.
- Always store the User Instructions for future use.



1. General advisories

1.1 Introduction

In these User Instructions you will find information and advisories on starting-up, using and maintenance and care of the Arthritis crutch.

1.2 Intended use

The arthritis crutch is designed for persons with impaired walking ability who have inflammatory rheumatism of the joints. It serves to provide more security when walking. This crutch can be used inside and outside in street traffic areas. Always be sure to observe all the safety advisories! No contraindications are known.

1.3 Crutch design

The crutch has an upholstered lower arm support cuff with fixation of the lower arm using Velcro straps. The lower arm cuff and the handle position are adjustable. A crutch end-cap with a large support area provides added stability.

 **The crutch is designed for a max. body weight of up to 150 kg.**

You can see this User Instructions pamphlet via our website at www.rebotec.de. It is possible to print out the information and to read it as necessary.

2. Symbols



Read the User Instructions!



Year of Manufacture

Product conforms to the Medical Products Directive 93/42/EWG



Important advisory or information!



Language



Warning – observe safety advisory!

3. Guarantee

We provide a warranty period of **2 years** for the crutches. A prerequisite for this is that the crutch is used only as instructed and regular maintenance is carried out. Wear and damage resulting from product misuse are excluded.

Non-compliance with the instructions and advisories in this User Instruction, improper maintenance and unauthorized alterations to the product lead to the immediate annulment of the guarantee and product liability rights.

The delivery date on the REBOTEC delivery note is the start of the guarantee period.

4. Re-Use, lifetime

Product liability applies only to the first use of the product described in this User Instructions. If the product is to be given further again after the first use, then it must be checked over by an authorised dealer or by the manufacturer. This inspection should prevent an improper use through possible or directly visible damages.

We defer to the conditions of the Medical Products Act (MPG) and the (ProdHaftG §4) Product Liability Act.

The lifetime of this product is limited to **2 years**.

5. Care

To care for the crutch, use a mild commercially available cleanser and disinfection agent. After cleaning, wipe it with clean water and then wipe dry with a cloth.

Do not use an abrasive scouring agent or cleaner (read the product instructions!) that contain aggressive solvents (acids, benzene, thinners, alcohol). Do not use stiff cleaning brushes, as these will damage the plastic surfaces or cause deposits to build up on the plastic parts and other materials.



When using a disinfectant, be sure to abide by the manufacturer's instructions during use!

6. Maintenance

A worn or damaged crutch end-cap (wear-part) must be replaced immediately.

Bent or damaged crutches may not be used because they no longer provide the necessary stability. Because of the risk of breakage, bent crutches may not be repaired by straightening. In the event the crutch is damaged, then have it repaired by an authorized sales and service dealer.

Be sure to have your crutches inspected by an authorized company at least every year. Heavy use and harsh conditions by the patient on the crutch may necessitate more frequent maintenance.

7. Disposal

Products that are no longer useable must be properly disposed of according to national and local regulations for environmental protection and material recycling. They must be kept separated from regular household refuse. Contact your local disposal company or environmental authorities on how to properly dispose of the product.

8. Ordering spare parts, complaints

For ordering spare parts or in the event of complaints, we kindly ask you to provide the article number and product model. You can find this information on the crutch.



9. Safety advisories for use



Observe the following instructions when using the crutch:

- Read the User Instructions before first-time use in order to avoid damages through improper use or other hazards.
- Be sure the maximum allowable weight for the crutch is not exceeded!
- Before each use, carefully check the crutch for damage. If damage is detected, then do not use the crutch. Contact your authorised dealer for a complete inspection!
- For your safety, have someone assist you in overcoming obstacles.
- When using the crutch, be sure that the Velcro straps are securely fastened around the forearm.
- Check the crutch end-tip on a regular basis for wear or damage. Replace if damaged or worn.
- Under no circumstances may the crutch be used for foreign purposes. Use it only to assist your walking and not for example as an aid for getting up, as a lever for prying or for moving objects.
- Do not use the crutch as an implement to activate light switches or elevator buttons.
- Do not hang any objects on the crutch (handbags, shopping bags, etc.).
- Do not expose crutches to direct sunlight for long time periods (in front of windows, or next to heaters, or under the rear window of a car). Heat can lead to an alteration of the material properties and shorten the crutches' lifetime.
- If unused for an extended time period, have the crutch inspected by a specialist before re-using.
- Never clean the grip handle or the crutch end-cap with an oily substance.
- Be very careful when walking on moist tiles, carpeting or parquet floors.
- Do not hold the crutch too far out to the side away from your body or too far in front of you in the direction of travel.
- Avoid using the crutch on snow or icy surfaces without first attaching the ice claws.
- Once the height is adjusted, the push-button must be visible.
- All screwed connections must be tight.
- Be careful when walking on uneven surfaces and if there are holes in the ground because the crutch may slip or sink unexpectedly!
- Be careful when using the crutch on loose gravel surfaces, sand or leaves because there is far less stability.

10. Product specifications

10.1 Delivery scope

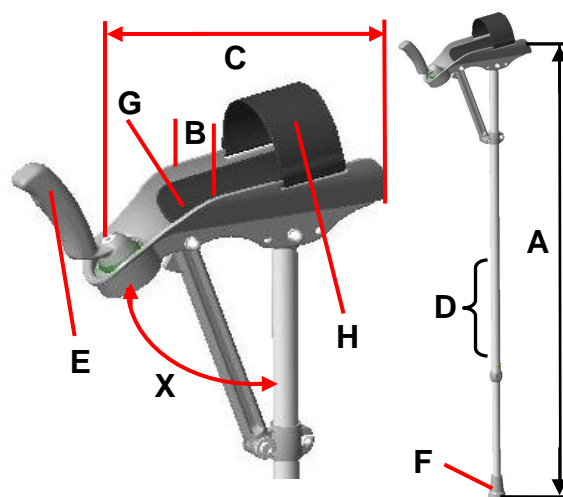
The product was checked at the factory for freedom of defects and completeness. After having received it, carefully check over the product for possible transport damages and for completeness.

1x arthritis crutch, 1x User Instructions

10.2 Technical specifications

We reserve the right to make technical developments and improvements without notice with respect to the design shown in this User Instructions booklet.

Product specifications			
Model	Normal	long	child
Adjustment type	Push-button		
A. Arm cuff height from/to (mm)	92 114	100 123	72 94
B. Arm cuff width	Max. 100 mm		
C. Total length of arm cuff	approx. 260 mm		
D. Adjustment/tube	10 positions		
E. Handle type	standard, ellipse, spade		
F. Crutch end cap Ø	19 mm		
G. Arm cuff upholstery	yes		
H. Velcro strap	yes		
X. Arm cuff angle	65° to 160° adjustable		
Materials used	aluminium tube, plastic		
Max. body weight	150 kg		
Product weight (kg)	0.860	0.900	0,790



11. Spare parts, accessories

Article No.	Name
200.00.00	End-cap 19 mm, light grey
231.xx.02	Handle standard, assembly
231.xx.04	Handle ellipse, assembly
231.xx.06	Handle spade, assembly
231.10.36	Upholstery for arm cuff, black
231.10.38	Velcro strap for arm cuff, black
01.01.119	User Instructions - YANO
168.10.17	BIG-Foot 18.5-20.5 mm, black

xx/00=light gray,10=black,50=gentian blue



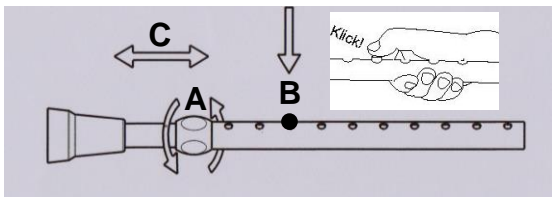
12. First-time use

The product is delivered fully assembled in standard design. Before using the crutch, a customised adjustment for assuring top functionality must be undertaken by a specialist or qualified care-person. Instruction on the correct use must be given personally to the user.

1. Height adjustment

Using the height adjustment, the crutch can be matched up to the patient's body size.

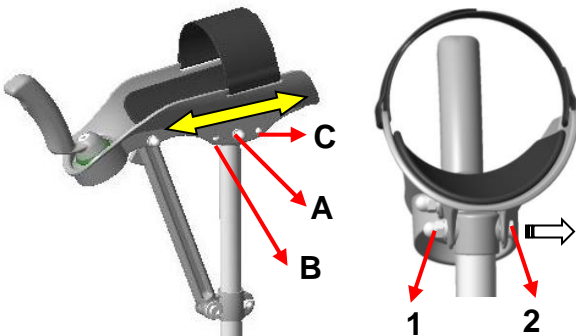
- Loosen screw fitting (A) by turning to the left.
- Press the push-button (B) into the hole.
- Push tube (C) to the desired position.
- Click push-button (B) into the hole.
- Tighten screw (A) by turning to the right. By tightening, noise is reduced during use.



2. Adjustment of the forearm cuff / forearm length

For adjusting the forearm length, there are three adjustment possibilities (A= normal / B= short / C= long)

- Remove cap nut (1) with an open SW10 spanner and completely remove screw (2).
- Select desired adjustment, insert the screw and put on the cap nut firmly.



3. Handle adjustment

The position of the handle can be variably adjusted.

- Firmly hold handle (A) with one hand.
- With the other hand, loosen screw (1) with the Allen key SW5 (2).
- Push the handle forwards, rotate to the desired position (left/right), align with the centre, and then tighten firmly.



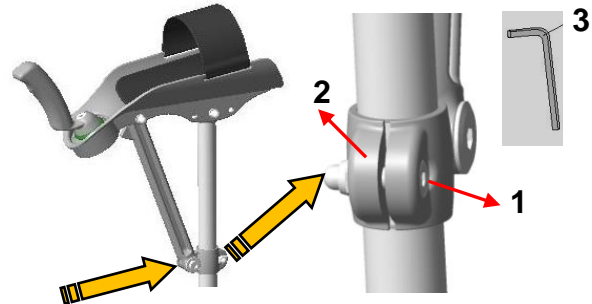
4. Adjusting the arm cuff / angle adjustment

Through variable adjustment of the angle of the arm cuff, the position of the forearm can be adjusted.

- Loosen screw (1) of the clamping journal (2) of the support clevis using an SW 4 Allen key (3).
- With your hand (A), press the arm cuff downward to the desired position. (max. angle adjustable until the stop (B))
- Tighten screw (1).

Attention!

Adjustment is also possible with the different forearm lengths (see no. 2).

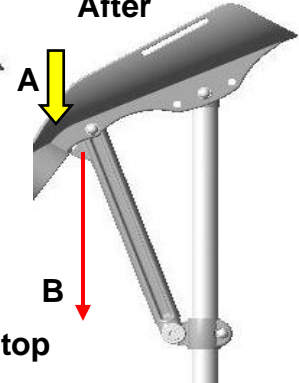


Do not unlock this screw connection!

Before



After



5. Adjusting the Velcro strap:

By using the Velcro strap (A), the forearm is fixed and attached to the arm cuff (B).

- Loosen one side of the Velcro strap.
- Place the forearm in the cuff.
- Close the Velcro strap once again.

The pressure of the Velcro strap on the forearm must be light!

